Psychology 323: Adult Development and Aging  
UBC Okanagan  
Winter 2011 Term 2

Section 101  
**Instructor:** Linda Allan  
Arts 329  
Phone 807 8729  
e-mail: linda.allan@ubc.ca

**Please note the spelling of my last name**

Office Hours TBA

**Course Description Adult Development and Aging**  
Survey of developmental psychology, focusing on the adult segment of the lifespan. Examines the physical, cognitive, personality, and social aspects of adult development. Formerly PSYC 324. Credit will not be granted for both PSYO 323 and PSYC 324. OUC equivalent: PSYC 324. [3-0-0]

**Prerequisite:** PSYO 220

**Course Objectives:**

1. To acquaint the student with the psychological literature in the areas of adult development and aging.

2. To stimulate the student's intellectual curiosity about human development.

3. To provide the student with an understanding of the way in which research and experimentation become integrated into bodies of knowledge.

4. To develop the student's ability to think critically about developmental issues.

5. To help the student develop the ability to organize and communicate his or her knowledge concerning issues in adult development and aging.

**Required Text:**  
Additional Required readings:
These will be primarily journal articles and their location will be posted on Web CT. A partial list is included in the course syllabus (below) and others may be assigned during term. Your are responsible for all the assigned readings although all may not be discussed in class.

Expectations

You are responsible for reading all of the required portions of the textbook but not all topics presented in the textbook will be discussed in class. Since the required readings (text and articles) provide the background and context for classroom lectures and discussion, you should read them prior to the class period(s) in which they are discussed. You are expected to attend class and to respond appropriately to class discussions. You must treat others in the class with respect by refraining from talking to each other or using cell phones in class.

No scent makes good sense
In consideration of the difficulties that exposure to fragrances cause sensitive individuals, please avoid the use of scented personal care products when in class and in my office.

Tentative Course Syllabus
Any changes to this syllabus will be announced in class and posted on WebCT

1. An Introduction to the Field of Adult Development and Aging with a focus on Developmental Research Methods
   Chapter 1

2. Ageism


3. Physical Changes
   Chapter 2

4. Cognitive Abilities
   Chapter 4


5. Social Roles  
Chapter 5

6. Social Relationships  
Chapter 6  

7. Work and Retirement  
Chapter 7  

8. Personality  
Chapter 8

9. Stress, Coping and Resilience If time permits  
Chapter 10

10. The Successful Journey – Integration of course material  
Chapter 12
Evaluation 2 possible approaches – you get to choose.

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Examinations
In the examinations you will be evaluated on your knowledge and understanding of the assigned reading material, and all material covered in class including lectures, discussions and films.

Chapter 1 Quiz
Duration 30 minutes (at the beginning of class). A lecture will follow. Material from chapter 1 and associated lectures will be evaluated.

Midterms # 1
Duration 1 hour and 20 min
Midterm # 1 will include material from the first part of the course. Each Midterm will include both material from class and information in the textbook that was not discussed in class. It will comprise multiple choice questions and short answer questions. The short answer questions will be drawn from material discussed in class.

If a student has a religious, medical or compassionate reason which can be supported by the appropriate written documentation he or she may write an out of time exam. In order for this to happen the student or designate must contact the Professor (e-mail is acceptable) within 24 hour of the missed exam.

Final Examination:
Duration 2 hours
The final examination will cover the material in Chapter 1 and associated lectures plus the material covered since midterm 1. The final examination will be written during the final examination period (April 11- April 25). If a student is unable to write the final examination on the scheduled date and time the student will follow the university procedure (see the calendar) for applying for an out of time examination. Students with
three or more final examinations scheduled in a 24 hour period may apply to have the middle examination rescheduled due to academic hardship.

**Expectations re Optional Assignment**

Please see the additional documents on Web CT

**Academic Integrity**

The academic enterprise is founded on honesty, civility, and integrity. As members of this enterprise, all students are expected to know, understand, and follow the codes of conduct regarding academic integrity. At the most basic level, this means submitting only original work done by you and acknowledging all sources of information or ideas and attributing them to others as required. This also means you should not cheat, copy, or mislead others about what is your work. Violations of academic integrity (i.e., misconduct) lead to the break down of the academic enterprise, and therefore serious consequences arise and harsh sanctions are imposed. For example, incidences of plagiarism or cheating usually result in a failing grade or mark of zero on the assignment or in the course. Careful records are kept in order to monitor and prevent recidivism.

A more detailed description of academic integrity, including the policies and procedures may be found at [http://web.ubc.ca/okanagan/faculties/resources/academicintegrity.html](http://web.ubc.ca/okanagan/faculties/resources/academicintegrity.html).

If you have any questions about how academic integrity applies to this course, please consult with your professor.

**Disability Services**

If you require disability related accommodations to meet the course objectives please contact the Coordinator of Disability Resources located in the Student development and Advising area of the student services building. For more information about Disability Resources or about academic accommodations please visit the website at [http://okanagan.students.ubc.ca/current/disres.cfm](http://okanagan.students.ubc.ca/current/disres.cfm).

**Health and Safety Information**

Top Ten Points Regarding Emergencies in 2012 has been posted on Web CT. Please review this information carefully. The meeting point for this class during an evacuation of the Library building is between the Arts and Science buildings.